**“WHAT DOES IT LOOK LIKE TO LOVE”**

**December 7 – 8, 2024**

**Speaker: Juli Boit**

**Opening:** [15 mins] We suggest you begin with an opening prayer and then a brief “catch up” or “icebreaker” before moving into the *scripture reflection* and *application questions*.

**Icebreaker:** “Tell me something good' - share something positive, encouraging, or uplifting from your life in the past week.

**Scripture Reflection:** [20 mins] **Matthew 11:28-30 (MSG)** “Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life. I’ll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you. Keep company with me and you’ll learn to live freely and lightly.”

Read the passage. If you have time, you might read it twice, silently and out loud. As you are reading, think through these questions:

* What is happening in this passage?
* What do I see about God? What is God doing (or inviting us) in this passage?
* What do I see about man? What are people doing?

**Application Questions:** [40 mins](*These questions will help you and your group dig deeper into the weekend sermon. Feel free to edit or use only those which fit your allotted time.)*

1. Dallas Willard said (as quoted by Juli), “Hurry is the great enemy of spiritual life in our day. You must ruthlessly eliminate hurry from your life.”
   1. Why is the invitation of Jesus to come to him and learn from him bring good news?
   2. What do you miss when you are in hurry?
   3. Our Lord was *intentional* and equally *interruptible* in his way of life. He was unhurried. If you live in a hurried life, what intentional steps would you make to slow down and pay attention?
2. We learned from Juli that when we slow down, we will begin to see the needs around us and “hear the songs” that are being sung in our midst.
   1. Retell the story of Marcus. The young boy in Kenya that came to Kimbilio that has genetic skin condition. How did Juli and her team (Living Room) minister to Marcus. What is the impact Marcus had on the Living Room Team? If you have time, watch again the story of Marcus. It starts from minute 27:56 to 33:45 of the video. Here’s the link: <https://www.youtube.com/watch?v=-W7JH-xo1F8&t=31s>
   2. How does this story or passage encourage you today?
3. We are in the Advent season. Christians celebrate this time with reflections on hope, peace, love and joy.
   1. What does it look like to love in this season and in your situation?
   2. What practical ways can you show your love to your family, your neighbors and to the tired and weary?

**Closing & Prayer**: [15 mins]

* Pray for the Living Room and their kingdom work in Kenya.
* Thank God for our church family for its faithfulness and generosity.
* Receive prayer requests. Pray for group members. Share prayers of gratitude.