**Running With the Giants: Jonah**

**June 17/18, 2023**

**Speaker: Tom Hughes**

Below are study questions that will help you and your Life Group dig deeper into this weekend’s sermon. Feel free to only use those which best fit your group’s allotted time.

**Scripture Reflection:** Read **Jonah 1:1-5 & James 1:5-7.** Spend a few minutes reflecting on the passages, and then ask the group to share what stands out.

**Application Questions:**

1. In looking at what we could learn from Jonah’s bad decision, Tom said, *“Because of God’s grace, bad decisions don’t have to be your last decisions.”* 
   1. Briefly share the circumstances around a bad decision you made. Did God redeem your bad decision – OR – did you suffer consequences but learn something that is helping you to not make the same mistake again?
2. Tom offered 3 things necessary for recovering from bad choices: *1) Decide to take responsibility for your bad choice, 2) Decide to turn away from the bad choice you made and turn to God in prayer, 3) Decide to embrace God’s grace – don’t let your bad choices define you or disqualify you.*
   1. Regarding recovering from one of your bad choices, which of the 3 things shared by Tom have been most difficult for you? Why?
   2. What is something that might help you in the area you find difficult?
3. In sharing how to safeguard against making bad choices in the future, Tom said: *1) Use God’s Word to guide you, 2) Ask the Holy Spirit for wisdom, 3) Seek Godly counsel from the right person.*
   1. On a scale of 1-10 (“1” being “weak” and “10” being “strong”) how would you rate yourself in each of those 3 categories? How might you grow stronger in the category in which rated yourself the weakest?

**Closing & Prayer**: [set aside sufficient time for prayer]

* Pray for the personal prayer request(s) of those in your group
* Pray that those at CA would safeguard against making bad choices
* Pray that God would continue to bless and grow our “in person” attendance in 2023