



GETTING STARTED

We're so glad you're joining us this summer to read through the book of Psalms in the Bible! We encourage you to set aside time to read the Psalms at the start of your day. Try to find a quiet space. Begin by praying and asking God to speak to you through His Word. We encourage you to read the Psalms slowly. Consider reading them out loud or multiple times.

AS YOU READ

Here are some different options for you to try as you engage with the Psalms each day.



Reflect on these questions

1. What does this Psalm say about God?
2. What truth from this Psalm do I need to cling to today?
3. How will I live differently today because of reading this Psalm?



Journal

Grab a journal and respond to what you've read by writing down your thoughts, feelings and questions about the Psalms. Consider writing down a key verse that stood out to you.



Memorize Scripture

Pick a verse(s) that you want to memorize from the Psalm. Write it down and commit it to memory as a way of keeping God's Word with you.



Pray the Psalms

Use the Psalms you're reading as a way of praying for yourself, our church and the world. Take different verses and pray them aloud to God.



Use the SOAP Method

- Scripture:** Read the Psalm once or twice.
- Observation:** Observe people, places, actions, repeating words or phrases, questions or anything else that stands out to you and write them down.
- Application:** What is God saying to you through this Psalm and your observations? How might you live differently as a result of your reading?
- Prayer:** Ask God to help you remember and apply His Word to your life.

ADDITIONAL RESOURCES

For more ideas to read and engage with the Psalms, visit our resource page at:
www.cachurch.com/psalmsresources



SUMMER IN THE PSALMS

daily reading plan

JUNE

- | | | |
|---|---|---|
| <input type="checkbox"/> JUN 15: Psalms 1-3 | <input type="checkbox"/> JUN 21: Psalms 17-18 | <input type="checkbox"/> JUN 27: Psalms 32-33 |
| <input type="checkbox"/> JUN 16: Psalms 4-5 | <input type="checkbox"/> JUN 22: Psalms 19-21 | <input type="checkbox"/> JUN 28: Psalms 34-35 |
| <input type="checkbox"/> JUN 17: Psalms 6-8 | <input type="checkbox"/> JUN 23: Psalms 22-23 | <input type="checkbox"/> JUN 29: Psalms 36-37 |
| <input type="checkbox"/> JUN 18: Psalms 9-10 | <input type="checkbox"/> JUN 24: Psalms 24-26 | <input type="checkbox"/> JUN 30: Psalms 38-39 |
| <input type="checkbox"/> JUN 19: Psalms 11-13 | <input type="checkbox"/> JUN 25: Psalms 27-29 | |
| <input type="checkbox"/> JUN 20: Psalms 14-16 | <input type="checkbox"/> JUN 26: Psalms 30-31 | |

JULY

- | | | |
|---|---|---|
| <input type="checkbox"/> JUL 1: Psalms 40-41 | <input type="checkbox"/> JUL 12: Psalms 69-70 | <input type="checkbox"/> JUL 23: Psalms 92-93 |
| <input type="checkbox"/> JUL 2: Psalms 42-44 | <input type="checkbox"/> JUL 13: Psalms 71-72 | <input type="checkbox"/> JUL 24: Psalms 94-95 |
| <input type="checkbox"/> JUL 3: Psalms 45-47 | <input type="checkbox"/> JUL 14: Psalms 73-74 | <input type="checkbox"/> JUL 25: Psalms 96-97 |
| <input type="checkbox"/> JUL 4: Psalms 48-50 | <input type="checkbox"/> JUL 15: Psalms 75-77 | <input type="checkbox"/> JUL 26: Psalms 98-100 |
| <input type="checkbox"/> JUL 5: Psalms 51-52 | <input type="checkbox"/> JUL 16: Psalm 78 | <input type="checkbox"/> JUL 27: Psalms 101-102 |
| <input type="checkbox"/> JUL 6: Psalms 53-55 | <input type="checkbox"/> JUL 17: Psalms 79-81 | <input type="checkbox"/> JUL 28: Psalms 103-104 |
| <input type="checkbox"/> JUL 7: Psalms 56-57 | <input type="checkbox"/> JUL 18: Psalms 82-83 | <input type="checkbox"/> JUL 29: Psalms 105-106 |
| <input type="checkbox"/> JUL 8: Psalms 58-60 | <input type="checkbox"/> JUL 19: Psalms 84-85 | <input type="checkbox"/> JUL 30: Psalms 107-108 |
| <input type="checkbox"/> JUL 9: Psalms 61-63 | <input type="checkbox"/> JUL 20: Psalms 86-87 | <input type="checkbox"/> JUL 31: Psalms 109-110 |
| <input type="checkbox"/> JUL 10: Psalms 64-66 | <input type="checkbox"/> JUL 21: Psalms 88-89 | |
| <input type="checkbox"/> JUL 11: Psalms 67-68 | <input type="checkbox"/> JUL 22: Psalms 90-91 | |

AUGUST

- | | | |
|--|---|---|
| <input type="checkbox"/> AUG 1: Psalms 111-112 | <input type="checkbox"/> AUG 7: Psalms 126-128 | <input type="checkbox"/> AUG 13: Psalms 143-144 |
| <input type="checkbox"/> AUG 2: Psalms 113-115 | <input type="checkbox"/> AUG 8: Psalms 129-131 | <input type="checkbox"/> AUG 14: Psalms 145-147 |
| <input type="checkbox"/> AUG 3: Psalms 116-118 | <input type="checkbox"/> AUG 9: Psalms 132-134 | <input type="checkbox"/> AUG 15: Psalms 148-150 |
| <input type="checkbox"/> AUG 4: Psalm 119 | <input type="checkbox"/> AUG 10: Psalms 135-136 | |
| <input type="checkbox"/> AUG 5: Psalms 120-122 | <input type="checkbox"/> AUG 11: Psalms 137-139 | |
| <input type="checkbox"/> AUG 6: Psalms 123-125 | <input type="checkbox"/> AUG 12: Psalms 140-142 | |