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You can find teaching accompany this series at the Podcast: Women at Christian Assembly
<https://itunes.apple.com/us/podcast/women-at-christian-assembly/id429304007?mt=2>

3RD PERSON

Meeting The Holy Spirit

The Holy Spirit is a funny topic. Is the Spirit an “it,” a thing, a power, a force or . . . a person?

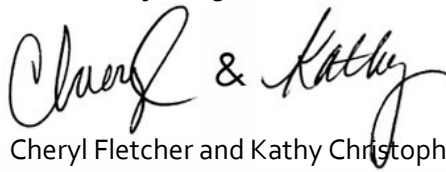
Some people get concerned if we talk too much about the Spirit (they’ve seen things get a little wiggedy, and they don’t want that). Others think we don’t talk enough about the Spirit (they worry he’s being quenched and that the church is missing out). Others just haven’t given him much thought. Certainly, the Holy Spirit might be the most misunderstood person of the Trinity.

We believe that the Holy Spirit is the divine and personal presence of God, that he indwells every believer and that he is co-equal with God the Father and God the Son. The Holy Spirit is not a power to be manipulated, but a divine person to be known. Our aim this session is to know the Holy Spirit, the third person of the Triune God. We want to know what it means to be indwelt by him, so that we can live in his fullness. We want to understand his works, so that we can worship God more fully. And we want to trust in his power, so that we can rest in his leadership.

We’re excited that you are joining us on this journey to know and love and be led by the Spirit. Here are a few suggestions to help you get the most out of this study.

1. **Love God’s Word.** We can’t know God apart from knowing his Word contained in the Bible. The purpose of this study guide is not to give you the all the answers, but rather to guide you into God’s Word to personally discover what it is that he has to say to you.
2. **Love your Group.** Loving your group means doing the homework. When you come prepared for discussion, you’ll point your group toward God, and your conversation will be richer and more robust.
3. **Love the Journey.** No one has arrived. We’re all in process. Be a learner. It’s okay if each woman in your group is at a different place in her faith journey — don’t try to speed her up or slow her down. Just be together along the way. And if you aren’t sure what you believe, and you’re just checking out this Christian-thing, we pray you will feel safe to share your doubts, frustrations and questions. Stay the course. Enjoy the journey.

Thanks for joining us!



Cheryl Fletcher and Kathy Christopher
www.cachurch.com/wbs

How to Enjoy your Group and be Enjoyed BY Your Group

Listen.

Lean in and hear what others are saying at your group. Ask questions. Be sure not to dominate the sharing time. Be aware of those who are quiet and invite their input.

Protect One Another.

We're a bit like Vegas: what is shared in your group, stays at the table. Make this a safe place for everyone.

No Advice or Counseling.

Resist the urge to give advice—this can often be very hurtful. We're not here to *fix* one another but to support, care and point one another to the grace and truth of Jesus. Also resist the urge to tell someone in pain that "it will get better." Typically, in the midst of great pain, a person wants simply to be heard. Affirm that what they are experiencing must be hard and then just listen.

Pray. Pray. Pray.

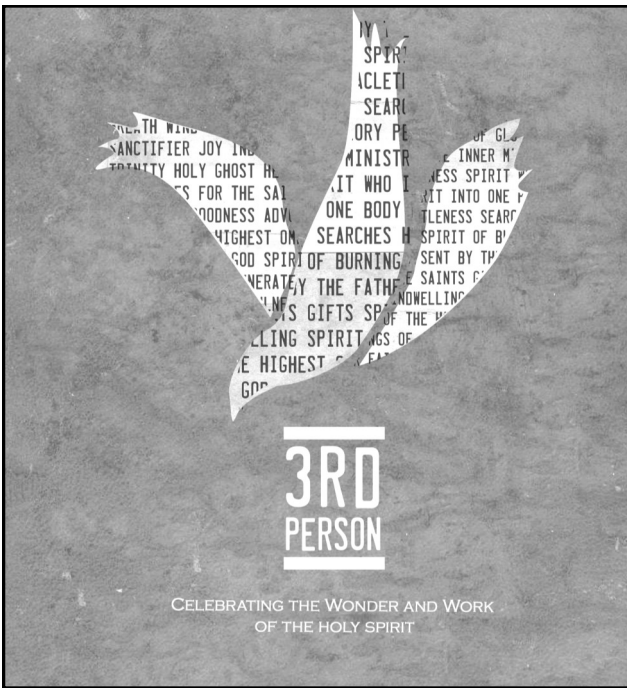
Pray for your group throughout the week and invite others to pray for you.

Prepare.

Get the most out of this study by using this study guide. You can complete the homework in 45 minutes (or less) a week. Please make every effort to do the homework and come prepared for discussion. This will bless everyone, including you! It might help to divide each lesson in half, spending 30 minutes twice a week, so you don't feel rushed.



Week One > The Third Person



Join the Circle

To get to know one another this first week, take a few minutes to share the following with your group:

- What was the highlight of your summer?
- What compelled you to join this study?
- What comes to mind when you think of the Holy Spirit?

Read the following passages as a group and then discuss what they reveal about the Holy Spirit and how this is significant to you today:

Ephesians 1:17

I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.

John 16:12-15

[Jesus says:] I have much more to say to you, more than you can now bear. But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come. He will glorify me because it is from me that he will receive what he will make known to you. All that belongs to the Father is mine. That is why I said the Spirit will receive from me what he will make known to you.

Acts 1:8

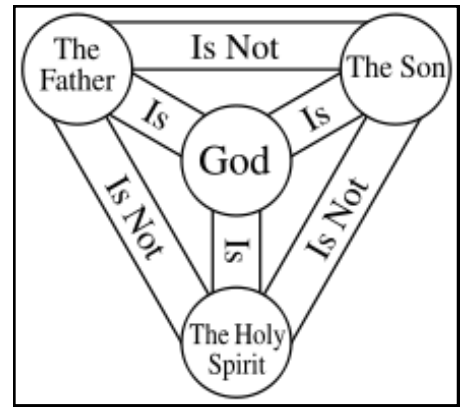
But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.

Romans 8:26-27

In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God.

3RD PERSON

Notes > Third Person



“God eternally exists as three persons, Father, Son, and Holy Spirit, and each person is fully God, and there is one God.”

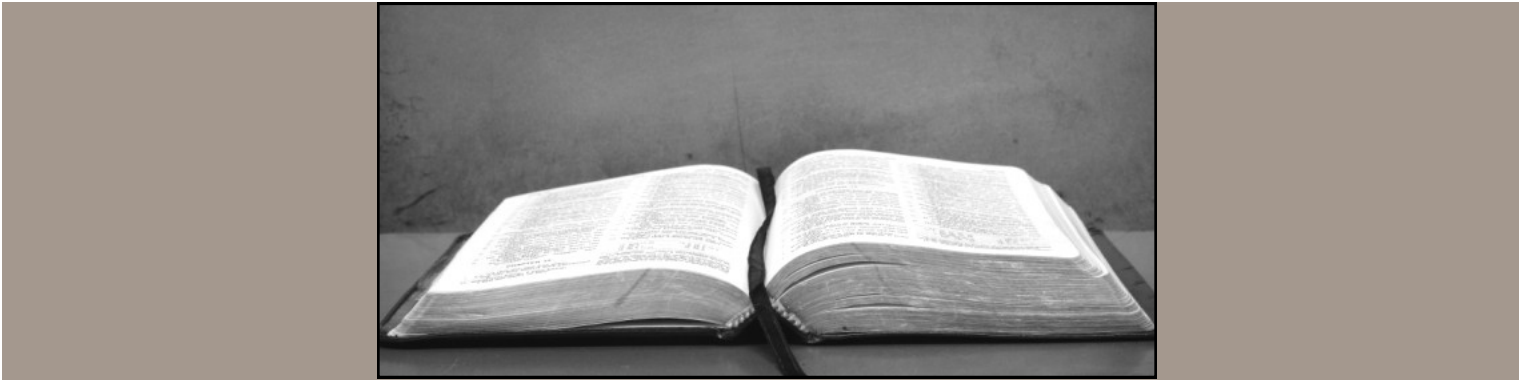
—Wayne Grudem

1. God is three persons.
2. Each Person is fully God.
3. There is one God.
4. Each of the persons is distinct from the others.
5. The three persons are related to one another eternally as Father, Son and Holy Spirit.

—Wayne Grudem and John Frame



Week Two > here, there, & everywhere



Knowing the Spirit

The Holy Spirit is not just a force or a mysterious power. He is a person and often referred to as the Third Person of the Trinity. He is co-equal with God the Father and God the Son. He fully participates in all the activity of the Godhead and shares each and every one of his attributes. He is all-knowing, all-powerful, and he is everywhere present. Persons do not exist to be manipulated for our gain, but they are to be known and loved and valued. The desire for this study is to know the Spirit. This week we consider who he is and how he works throughout the Bible. One thing you'll see clearly is that he is here, there and everywhere, and he is often the one executing the work of God the Father and God the Son. So get ready to take in a lot of Scripture as you get to know God the Spirit.

Stop. Pause. Pray.

Ask God to reveal the Spirit to you as you make your way through the Bible today. Pour out your heart. Light a candle if it helps to focus your attention on his presence with you.

Study The Scripture

The Spirit appears almost 360 times in the Old and New Testaments. We're not going to look at all those verses, but we're going to look at quite a few! Get ready to dive in deep. Circle and underline words. Record what you learn about the Holy Spirit in the column on the right.

Scripture	the Holy Spirit
<p>Genesis 1:1-2 In the beginning God created the heavens and the earth. ² Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters.</p>	
<p>Exodus 31:1-5 Then the Lord said to Moses, ² "See, I have chosen Bezalel son of Uri, the son of Hur, of the tribe of Judah, ³ and I have filled him with the Spirit of God, with wisdom, with understanding, with knowledge and with all kinds of skills — ⁴ to make artistic designs for work in gold, silver and bronze, ⁵ to cut and set stones, to work in wood, and to engage in all kinds of crafts."</p>	
<p>Numbers 11:24-25 ²⁴ So Moses went out and told the people what the Lord had said. He brought together seventy of their elders and had them stand around the tent. ²⁵ Then the Lord came down in the cloud and spoke with him, and he took some of the power of the Spirit that was on him and put it on the seventy elders. When the Spirit rested on them, they prophesied —but did not do so again.</p>	

Scripture	the Holy Spirit
<p>Nehemiah 9:19-20 ¹⁹ “Because of your great compassion you did not abandon them in the wilderness. By day the pillar of cloud did not fail to guide them on their path, nor the pillar of fire by night to shine on the way they were to take. ²⁰ You gave your good Spirit to instruct them. “</p>	
<p>Isaiah 11:1-3 [prophesying the coming Messiah, Jesus] A shoot will come up from the stump of Jesse; from his roots a Branch will bear fruit. ² The Spirit of the Lord will rest on him—the Spirit of wisdom and of understanding, the Spirit of counsel and of might, the Spirit of the knowledge and fear of the Lord—³ and he will delight in the fear of the Lord.</p>	
<p>Ezekiel 36:25-28 ²⁵ “. . . I will cleanse you from all your impurities and from all your idols. ²⁶ I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. ²⁷ And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws. ²⁸ Then you will live in the land I gave your ancestors; you will be my people, and I will be your God.”</p>	
<p>John 14:15-17, 25-26 ¹⁵ [Jesus said:] “If you love me, keep my commands. ¹⁶ And I will ask the Father, and he will give you another advocate to help you and be with you forever— ¹⁷ the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you...²⁵ All this I have spoken while still with you. ²⁶ But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.”</p>	
<p>John 16:7-14 ⁷ [Jesus said:] “But very truly I tell you, it is for your good that I am going away. Unless I go away, the Advocate will not come to you; but if I go, I will send him to you. ⁸ When he comes, he will prove the world to be in the wrong about sin and righteousness and judgment: ⁹ about sin, because people do not believe in me; ¹⁰ about righteousness, because I am going to the Father, where you can see me no longer; ¹¹ and about judgment, because the prince of this world now stands condemned. ¹² I have much more to say to you, more than you can now bear. ¹³ But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come. ¹⁴ He will glorify me because it is from me that he will receive what he will make known to you.”</p>	
<p>Acts 1:8 ⁸ [Jesus said:] “But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.”</p>	
<p>Acts 4:31 ³¹ After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly.</p>	
<p>Acts 10:19, 44-46 ¹⁹ While Peter was still thinking about the vision, the Spirit said to him, “Simon, three men are looking for you. ²⁰ So get up and go downstairs. Do not hesitate to go with them, for I have sent them.” ⁴⁴ While Peter was still speaking these words, the Holy Spirit came on all who heard the message. ⁴⁵ The circumcised believers who had come with Peter were astonished that the gift of the Holy Spirit had been poured out even on Gentiles. ⁴⁶ For they heard them speaking in tongues and praising God.</p>	

Scripture	the Holy Spirit
<p>Romans 8:9-11 ⁹You, however, are not in the realm of the flesh but are in the realm of the Spirit, if indeed the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, they do not belong to Christ. ¹⁰But if Christ is in you, then even though your body is subject to death because of sin, the Spirit gives life because of righteousness. ¹¹And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you.</p>	
<p>1 Corinthians 6:18-20 ¹⁸Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body. ¹⁹Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰you were bought at a price. Therefore honor God with your bodies.</p>	
<p>1 Corinthians 12:4-11 ⁴There are different kinds of gifts, but the same Spirit distributes them. ⁵There are different kinds of service, but the same Lord. ⁶There are different kinds of working, but in all of them and in everyone it is the same God at work. ⁷Now to each one the manifestation of the Spirit is given for the common good. ⁸To one there is given through the Spirit a message of wisdom, to another a message of knowledge by means of the same Spirit, ⁹to another faith by the same Spirit, to another gifts of healing by that one Spirit, ¹⁰to another miraculous powers, to another prophecy, to another distinguishing between spirits, to another speaking in different kinds of tongues, and to still another the interpretation of tongues. ¹¹All these are the work of one and the same Spirit, and he distributes them to each one, just as he determines.</p>	
<p>Galatians 5:16-18, 22-25 ¹⁶So I say, walk by the Spirit, and you will not gratify the desires of the flesh. ¹⁷For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. ¹⁸But if you are led by the Spirit, you are not under the law. . . ²²But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³gentleness and self-control. Against such things there is no law. ²⁴Those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵Since we live by the Spirit, let us keep in step with the Spirit.</p>	
<p>Ephesians 1:13-14 ¹³. . . When you believed, you were marked in [Christ] with a seal, the promised Holy Spirit, ¹⁴who is a deposit guaranteeing our inheritance until the redemption of those who are God's possession—to the praise of his glory.</p>	
<p>Ephesians 5:18-20 ¹⁸Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, ¹⁹speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, ²⁰always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.</p>	
<p>1 Thessalonians 1:6 ⁶You became imitators of us and of the Lord, for you welcomed the message in the midst of severe suffering with the joy given by the Holy Spirit.</p>	
<p>1 Thessalonians 5:19-22 ¹⁹Do not quench the Spirit. ²⁰Do not treat prophecies with contempt ²¹but test them all; hold on to what is good, ²²reject every kind of evil.</p>	
<p>2 Timothy 1:7 ⁷For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.</p>	

What did you read that most surprised you about the Spirit?

What do you most love about the Spirit after looking at these passages?

[More passages of Scripture on the Holy Spirit are given on pages 45-48.]

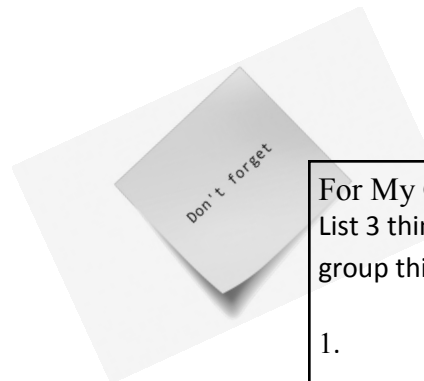


Worship. Take it All in. Worship.

Oh my! We've looked at so many verses and learned so much about the Holy Spirit, and yet there is so much more! Because of all the time it took to look at these verses, this is all we will focus on this week. So before you move too quickly on to the rest of your day, pause, reflect and worship.

Reflect.

Summarize what you learned about the Holy Spirit. Then look back over what you have written and speak out loud your praise to the Father and the Son and, of course, the Holy Spirit.



For My Group

List 3 things you don't want to forget to share with your group this week:

- 1.
- 2.
- 3.



Notes > here, there, & everywhere



Week Three > The Spirit in the Life of Jesus



Knowing the Spirit

If we are to live in the Spirit as followers of Jesus, we must first see how Jesus lived in the Spirit. Often we dismiss any encouragement to live like Christ because we think, “How do you expect me to live like Jesus? Jesus is God! I’m not God!”

This is where our theology intersects with our life. Yes, Jesus is fully God. But he is also fully human. This is a mystery like the doctrine of the Trinity, but it is absolutely crucial to our faith in Christ. We are not only saved, redeemed and transformed by the death and resurrection of Jesus, but also by his life (Romans 5:10).

Jesus is considered a new and perfect Adam (Romans 5; 15:22). He came to reverse the curse that was brought about by Adam and Eve in Genesis 3. Being human is not being broken and sinful. To be human is to be like Jesus, the perfect human. Wayne Grudem says, “*Human beings are now in an abnormal situation. God did not create us sinful, but holy and righteous. Adam and Eve in the Garden of Eden, before they sinned, were truly human...*”

So Jesus shows us how to be human. In his humanity he relied on the same things we rely on as Christ-followers: prayer, community and the Holy Spirit. Our emphasis in this study is how Jesus lived in the Spirit.

Jesus is like us

Before we consider how Jesus faced the temptation of Satan, let’s consider *why* it was necessary for Jesus to face this temptation (and others).

Read Hebrews 2:14-18; 4:14-16

Why was it necessary for Jesus to be fully human?

How do you think Jesus “suffered when he was tempted” (Hebrews 2:18)?

How are these verses encouraging to you today?

Luke 3:21-22; 4:1-15

3²¹ When all the people were being baptized, Jesus was baptized too. And as he was praying, heaven was opened²² and the Holy Spirit descended on him in bodily form like a dove. And a voice came from heaven: “You are my Son, whom I love; with you I am well pleased.”

4 Jesus, full of the Holy Spirit, left the Jordan and was led by the Spirit into the wilderness,² where for forty days he was tempted by the devil. He ate nothing during those days, and at the end of them he was hungry.

3 The devil said to him, “If you are the Son of God, tell this stone to become bread.”

4 Jesus answered, “It is written: ‘Man shall not live on bread alone.’”

5 The devil led him up to a high place and showed him in an instant all the kingdoms of the world.⁶ And he said to him, “I will give you all their authority and splendor; it has been given to me, and I can give it to anyone I want to.⁷ If you worship me, it will all be yours.”

8 Jesus answered, “It is written: ‘Worship the Lord your God and serve him only.’”

9 The devil led him to Jerusalem and had him stand on the highest point of the temple. “If you are the Son of God,” he said, “throw yourself down from here.¹⁰ For it is written:

“He will command his angels concerning you to guard you carefully;

¹¹ they will lift you up in their hands, so that you will not strike your foot

¹² Jesus answered, “It is said: ‘Do not put the Lord your God to the test.’”

¹³ When the devil had finished all this tempting, he left him until an opportune time.

¹⁴ Jesus returned to Galilee in the power of the Spirit, and news about him spread through the whole countryside.¹⁵ He was teaching in their synagogues, and everyone praised him.



Read Luke 3:21-22; 4:1-15

What is Jesus' relationship to the Spirit in these passages?

How was Jesus prepared and equipped to face the temptations of Satan?

How are you prepared in a similar way to face temptation?

What was Satan tempting Jesus to do? How does Jesus respond?

What is the most significant thing you want to apply to your life today after reading and meditating upon this passage of Scripture?

Knowing the Spirit In The Life Of Christ



We have seen Jesus' relationship with the Spirit in his baptism, temptation and the beginning of ministry. Here are a few other places in Scripture that speak of the work of the Spirit in the life of Christ. Read the passages and record what you learn.

Scripture	The Spirit in the Life of Christ
Romans 8:10-11	
1 Peter 3:18	
Matthew 1:18	[Note the author of spiritual birth mentioned in John 3:5-8. Is there a connection?]
Luke 10:21	
Acts 10:37-38	

Summarize what you learned about the Holy Spirit in the life of Christ and what this means for you today.

Experiencing the Spirit

We know from the life of Jesus that the Spirit goes with us when we face temptation. **Read and meditate upon 1 Corinthians 10:6-13** and then answer these questions.

What is your greatest temptation today?

What is the "way out" that God is providing for you today? Is there anything that keeps you from taking that way out? What will it look like for you to resist this temptation?

For My Group
List 3 things you don't want to forget to share with your group this week:

- 1.
- 2.
- 3.







Week Four > The Spirit is ours for Salvation



Pause. Slow Down. Worship.

Before you dive into this lesson, take a moment to pause and set aside all the distractions of your day. It might help to write your distractions down and then set your list aside as a physical reminder that they will not be your focus during this time. Light a candle to represent the presence of Christ with you. Meditate on these words in Psalm 18:1-2:

I love you, Lord, my strength.

*The Lord is my rock, my fortress and my deliverer;
my God is my rock, in whom I take refuge,
my shield and the horn of my salvation, my stronghold.*

Knowing the Spirit Who BRINGS ABOUT OUR SALVATION

Oh, the joy of knowing the Holy Spirit who is God! We know that he is not just a force but a person, and he is active in bringing about the will of the Father and the way of Christ. Today we focus on his work in our salvation. Certainly there is a point when each of us must make a personal decision to place our faith and trust in Jesus Christ, believing that he is our Savior and Lord. But as this is happening, there is also the mysterious work of the Holy Spirit upon our life that is spoken of by Ezekiel (in chapters 36-37) and Jesus and Paul. The Spirit does something we could never do on our own — he removes the blinders that keep us from faith. The Spirit gives us new life and makes us a new creation in Christ. Jesus says that without the work of the Spirit we cannot see the Kingdom of God. Look up the following passages and record what they reveal about the way of the Holy Spirit as it relates to our salvation.

Scripture	The Way of the Spirit in Our Salvation
John 3:1-8	
John 16:7-15	
Ephesians 1:13-14	
1 Thessalonians 1:4-10	
Titus 3:3-7	



Experiencing the Spirit in Our Salvation

The entire story of the Bible is a rescue story. It's the account of how people turned away from God, and then how God set out to bring them back to himself. God did this through the life, death and resurrection of his Son and the work of the Holy Spirit. Our salvation includes two beautiful realities.

First, **we are saved FROM something** — sin. This is beautiful because sin is always ultimately against God and profoundly destructive to us. At the root of every sin — whether lust or greed or gossip or envy — is a lack of faith in God. We sin when we place anything (good or bad) above God. Sin keeps us from the freedom God intended for us. Sin hinders our worship. Sin mars our identity and wreaks havoc on all of creation. Sin is not just our actions; it is also our attitudes and at the core of our very nature. But, God, in his kindness, rescues us from being imprisoned to the consequence and bondage of sin.

Secondly, **we are saved TO something** — lives of purpose. The Scripture is clear that when we are “saved,” we are changed. Read the following passages and record what they reveal about some of the things that are new in us because of our salvation brought about by the Holy Spirit.

Scripture	Things That Are New In Us
<p style="text-align: center;">John 5:24</p>	
<p style="text-align: center;">2 Corinthians 5:14-21</p>	
<p style="text-align: center;">Romans 6:4, 22-23</p>	
<p style="text-align: center;">Ephesians 1:3-14</p>	

Experiencing the Spirit in Our Salvation

How has God changed you personally through the work of the Spirit in your salvation?



Found

It was hard for the hyper-religious people to understand Jesus. They often muttered and complained about his propensity to eat with those considered sinful and unworthy. Once when they were grumbling about this, Jesus took the opportunity to explain what salvation looks and feels like from his perspective. He told three stories (Luke 15). They are stories of lost things being rescued, found and returned. The things he spoke of were objects of great value: sheep, money and children.

The final story is the one we call *The Prodigal Son*. Jesus tells this story because he wants us to *feel* something about our salvation (not just know something).

To the left is Rembrandt's depiction of the wayward son coming home and being embraced by the father. Meditate upon this picture and ask the Spirit to help you experience in your own salvation story what the prodigal son is experiencing here (Luke 15:11-31).

Record your thoughts and feelings on the following page.

Found

Record your thoughts and feelings while meditating on Rembrandt's depiction of *The Prodigal Son* (from Luke 15:11-31).

For My Group

List 3 things you don't want to forget to share with your group this week:

- 1.
- 2.
- 3.





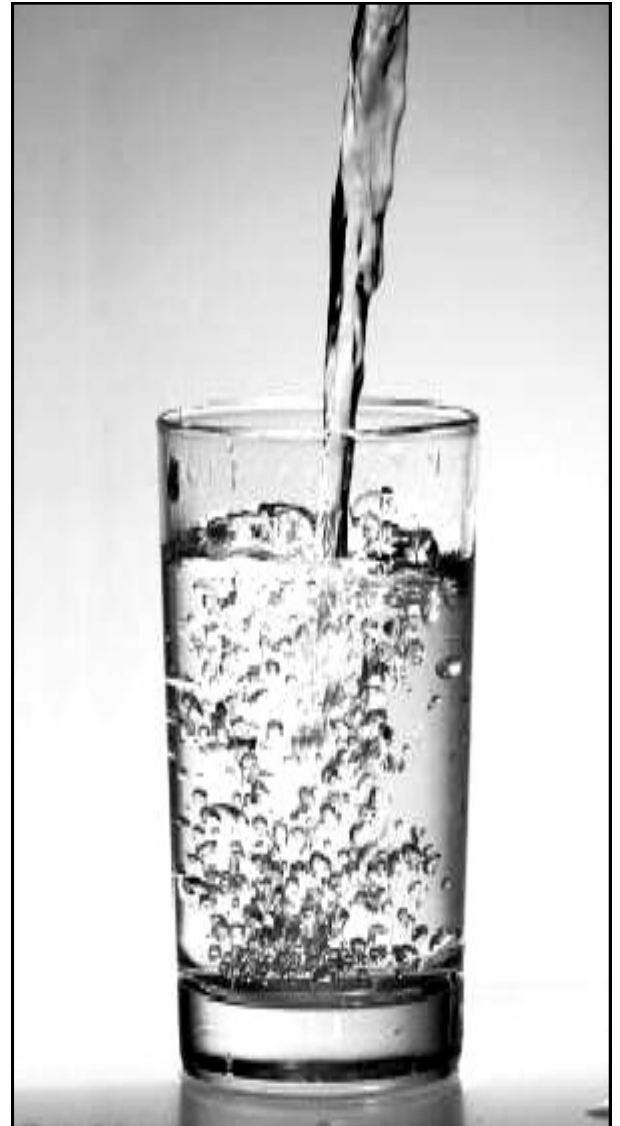


Week Five > The Spirit is ours for Living

Knowing the Spirit WHO is With US

Our God is not a distant God. From the very beginning he comes near and is *WITH* his creation. In Genesis, God is *with* Adam and Eve, speaking to them in the garden (Genesis 2:15-22; 3:8). In Exodus, when God delivers his people from the horrific slavery of Egypt, he is *with* them in a cloud by day and a fire by night (Exodus 13:21-22). And what intimacy Moses experienced when he met *with* God! Exodus 33:11 says, “The Lord would speak to Moses face to face, as one speaks to a friend . . .” We could go on and on with examples from Scripture of God being *with* his people — appearing to them, speaking to them, listening to them, fighting for them, and protecting them. But, before we do, take a moment to settle your heart and focus your time by meditating on these words about the “with-ness” of God in Psalm 139:1-10, 17-18.

- 1 O LORD, you have searched me
and you know me.
- 2 You know when I sit and when I rise;
you perceive my thoughts from afar.
- 3 You discern my going out and my lying down;
you are familiar with all my ways.
- 4 Before a word is on my tongue
you know it completely, O LORD.
- 5 You hem me in—behind and before;
you have laid your hand upon me.
- 6 Such knowledge is too wonderful for me,
too lofty for me to attain.
- 7 Where can I go from your Spirit?
Where can I flee from your presence?
- 8 If I go up to the heavens, you are there;
if I make my bed in the depths, you are there.
- 9 If I rise on the wings of the dawn,
if I settle on the far side of the sea,
10 even there your hand will guide me,
your right hand will hold me fast . . .
- 17 How precious to me are your thoughts, O God!
How vast is the sum of them!
- 18 Were I to count them,
they would outnumber the grains of sand.
When I awake,
I am still with you.



The Gift and the Filling of the Spirit

The “*with-ness*” of God is most beautifully put on display in the life of Christ who is called “Immanuel, which means ‘God with us’” (Matthew 1:23). John 1:14 tells us that God “became flesh and made his dwelling among us.” The word for “made his dwelling” is “tabernacle.” The tabernacle was the place where God uniquely dwelt with his people. John is telling us that Jesus is the new and perfect tabernacle! God was dwelling among them in a person rather than in a place. He was present in Christ, not in a building!

But, Jesus gives us an even greater promise in John 14:15-21. He tells his disciples that when he leaves and returns to the Father, he will send the Holy Spirit, and he will not just be *WITH* them, but he will be *IN* them! This is the profound gift of the indwelling Holy Spirit to all who belong to Jesus. When you become a Christian, God sends his Spirit to live *IN* you.

This is what we want to explore today: the one time gift of the Spirit at conversion and the on-going filling of the Spirit as we follow Jesus.

The One Time Gift of the Spirit

In Acts 2, we have a unique giving of the Spirit at Pentecost. It is a significant moment in history, and it marks the transition between the old covenant work of the Holy Spirit and the new covenant work of the Holy Spirit. At Pentecost, the Holy Spirit was given to those who were already following Jesus, but now the Holy Spirit is given at the moment of salvation (1 Corinthians 12:13). This is also referred to as the “baptism of the Spirit.” All who belong to Christ have the Holy Spirit living in them. Read the following verses and record what they reveal about the gift of the Holy Spirit.



Scripture	The Holy Spirit
John 7:37-39	
1 Corinthians 6:19-20	
1 Thessalonians 4:8	
2 Timothy 1:14	
1 John 4:13	



The On-Going Filling of the Spirit

Scripture often speaks of a filling or fullness of the Spirit. In Ephesians 5:18, Paul says “be filled with the Spirit,” which is better translated “keep on being filled with the Spirit.” But, how can we be “more full” of the Spirit if we already have the Spirit? Wayne Grudem suggests that a balloon can help us in our understanding. He says, “When more air is blown in, the balloon expands and in a sense it is ‘more full’ . . . We can be filled with the Holy Spirit and at the same time be able to receive much more of the Holy Spirit as well. It was only Jesus himself to whom the Father gave the Spirit without measure (John 3:24).” (*Systematic Theology*, p. 782)

Experiencing the Filling of the Spirit

To help us understand the difference between the one-time gift of the Spirit (or baptism) and the on-going filling of the Spirit, John Stott says: *“What happened on the Day of Pentecost was that Jesus ‘poured out’ the Spirit from heaven and thus ‘baptized’ with the Spirit the first 120 and then 3,000. The result of baptism of the Spirit was that ‘they were all filled with the Holy Spirit’ (Acts 2:4). Thus, the fullness of the Spirit was the consequence of the baptism of the Spirit. The baptism is what Jesus did (pouring out the Spirit from heaven); the fullness is what they received. The baptism was a unique initiatory experience; the fullness was intended to be the continuing, the permanent result, the norm. As an initiatory event the baptism is not repeatable and cannot be lost, but the filling can be repeated and in any case needs to be maintained. If it is not maintained, it is lost. If it is lost, it can be recovered. The Holy Spirit is ‘grieved’ by sin (Eph. 4:30) and ceases to fill the sinner. Repentance is then the only road to recovery. Even in cases where there is no suggestion that the fullness has been forfeited through sin, we still read of people being filled again, as a fresh crisis or challenge demands a fresh empowering by the Spirit.”* (Baptism & Fullness, p. 48)



Read Ephesians 4:29-32; 5:15-21 and answer the following questions:

What does the context surrounding Ephesians 4:29-32 reveal about grieving the Holy Spirit?

According to Ephesians 5:15-21, what are the marks of being filled with the Spirit?

What surprises you about these marks or evidences of the Spirit?

How do you experience the on-going filling of the Spirit in your life today?

An Exercise in the Filling of the Spirit

We don't want to reduce the filling of the Spirit to a mere formula, but the following prayer exercise can be helpful in experiencing the on-going filling of the Spirit. Remember that when Paul directs us to be "filled" with the Spirit in Ephesians 5:18, the word "filled" is best translated "keep on being filled." So this is not a one-time exercise but an on-going practice.

1. Seek His Forgiveness And Obey

Go to God with all the things that bring you guilt and shame. Tell him that you are sorry. Take any action necessary to change. Receive his forgiveness. Meditate on his kindness.

Consider: 1 John 1:8-9; Psalm 103:1-3; and John 15:9-11

2. Yield Fully to God And Rely on His Power

Take a moment and offer to God all that you are and all that you have. Include your past hurts and your future hopes.

Consider: Romans 12:1-2; Galatians 2:20; and Romans 8:5-14

3. Ask for the Filling of the Spirit

Pray. Ask God to fill you with his Holy Spirit.

Consider: Ephesians 5:18 and Luke 11:13





For My Group

List 3 things you don't want to forget to share with your group this week:

- 1.
- 2.
- 3.





Week Six > The Spirit is Ours For Assurance



Experiencing the Spirit

The Bible is filled with images of what it looks and feels like to be a Christian. One of the most profound pictures is that of adoption. The Bible says that if you place your trust and faith in Jesus, God has *adopted* you. You are his chosen child. The Bible even says that you will share in all the privileges of God's son, Jesus — you are “co-heirs with Christ.” Your adoption gives you assurance that you belong to God. Your adoption is brought about by the Holy Spirit and sealed by the Holy Spirit. He is given as a deposit that guarantees your everlasting relationship with God and all that he has for you in the present, in the future and into all eternity.

Today you will meditate on the truth that you are his adopted child. To do this, you will use an ancient practice of reading the Scripture called “Lectio Divina.” Richard Foster says, “Lectio is a way of allowing the mind to ‘descend’ into the heart, so that both mind and heart might be drawn into the love and goodness of God. The goal is immersion.”

The four elements of Lectio Divina are: listening, reflecting, praying and obeying. The aim is to read slowly, reflectively, and deeply. The following pages will guide you through this practice.

See the Reality of His Love

Before you turn the page, pause and ask the Spirit to speak to you today. Thank him for bringing about your adoption in Christ. Imagine yourself an orphan waiting for a family. Picture God, the perfect father, coming to get you, choosing you, taking you home. Don't rush. Listen to his voice.

Lectio Divina

Romans 8:14-17

¹⁴ For those who are led by the Spirit of God are the children of God. ¹⁵ The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, “*Abba*, *Father.” ¹⁶ The Spirit himself testifies with our spirit that we are God’s children. ¹⁷ Now if we are children, then we are heirs— heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory.

Galatians 4:4-7

⁴ But when the set time had fully come, God sent his Son, born of a woman, born under the law,⁵ to redeem those under the law, that we might receive adoption to sonship.** ⁶ Because you are his sons, God sent the Spirit of his Son into our hearts, the Spirit who calls out, “*Abba*, Father.”⁷ So you are no longer a slave, but God’s child; and since you are his child, God has made you also an heir.

* *Abba* means “daddy.”

** Paul purposely uses the idea of receiving “sonship” here rather than “son and daughtership” because in this culture firstborn sons received the inheritance (not daughters). Paul is addressing men and women, and he’s letting the women know that in Christ they receive all the benefits as if they were sons! This isn’t chauvinism; this is great news for women.

Listening

Read these passages all the way through without pausing – sometimes it’s helpful to read out loud. Then read the passage again, but this time pause, underline words, and highlight phrases. Take time to note what seems to be jumping off the page into your heart and mind.

Reflecting

Once you find a word or a phrase that strikes you, spend time reflecting upon it. Record the word here and ask God what he is revealing to you through this word.

Praying

Listening and reflecting naturally turns to conversation with God. Foster says, “*We engage with what we are hearing by praying this text of Scripture, letting the reality of this holy moment with God give rise to our heart cry of gratitude, confession, lament, relief, or praise.*” Record your prayer here.

Obeying

What is God calling you to as you pray through this passage?



Knowing the Spirit Who Gives Us Assurance

From the Spirit comes an assurance of our salvation and relationship with God. To assure us that we belong to him, God sends the Spirit as a “deposit” guaranteeing that he owns us!

Look up the word “deposit” in the dictionary and record the key definitions here:

Look up the following passages and record what they reveal about the work of the Spirit and the assurance we can have in belonging to God:

2 Corinthians 1:21-22

2 Corinthians 5:5

Ephesians 1:11-14

As you reflect on what you have learned and experienced in this lesson, what is most significant to you today?

For My Group

List 3 things you don't want to forget to share with your group this week:

- 1.
- 2.
- 3.





Week Seven > The Spirit is ours for Guidance



Meeting the Spirit

When Jesus speaks of the Holy Spirit in John 14 and 16, he calls him “the Spirit of Truth.” We live in a world that bombards us with lies. Today we want to know the Holy Spirit who guides us into truth.

Take a moment to be still and ask the Spirit to reveal himself to you today and to “guide you into all truth” (John 16:13).

Light three candles to remind you of the presence of the Father, the Son and the Holy Spirit.

Knowing the Spirit of Truth Who is our Guide

Look up the following passages and record what they reveal about the person and work of the Holy Spirit.

Scripture	Person and Work of the Holy Spirit
John 14:15-27	
John 16:7-15	
1 Corinthians 2:6-16	
Ephesians 1:17	
1 John 4:1-6	
2 Peter 1:19-21	

Knowing the Spirit OF TRUTH

Scripture	Person and Work of the Holy Spirit
Acts 20:22-24	
Colossians 1:9-10	

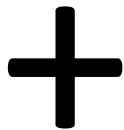
After reading these passages and making your observations, what most surprises you about the Spirit? What do you love about the Spirit?

TRUTH AND LIES

Lies assail us. They come from our past, people we love, the media, our culture and our fears. Often lies come from within our heart. Lies keep us from following Jesus, loving others and living the life we were made to live. Consider the lies listed below and then look up the corresponding truth in the Scripture. Record what you discover and ask the Spirit of Truth to help guide you in a life free from lies!

The Lie	The Scripture	The Truth
"I'm not good enough."	Ephesians 1:3-12	
"God can't love someone like me."	Romans 5:8 Ephesians 2:1-10 Psalm 103:1-5	
"If I'm beautiful, I'm valuable."	Micah 6:8 1 Samuel 16:7	
"My security is in my savings account."	Proverbs 11:28 Proverbs 30:7-9 1 Timothy 6:8-10, 17-18	

The Lie	The Scripture	The Truth
"I am too weak."	2 Corinthians 12:7-10	
"I'll never change."	2 Corinthians 5:17, 21 1 Corinthians 10:13 John 5:24-25	
"Unlike most other people, I am un-loveable."	1 John 3:1 Zephaniah 3:17 Romans 8:31-39 Ephesians 3:17-19	



guidance

We have two amazing gifts to help guide our lives: the Scripture and the Holy Spirit. We need the Holy Spirit to reveal God's truth to us. Often we hear stories of those who read the Bible and get nothing out of it. But then they place their faith in Christ and receive the gift of the indwelling Spirit — suddenly God's Word becomes alive to them! Certainly the Holy Spirit speaks to us and nudges us outside the reading of the Bible, but he will never contradict the Bible. Often when we are praying and seeking the guidance of the Spirit, he will bring to mind passages of Scripture. This is why it is important for us to know and even memorize God's Word.



Experiencing the Spirit

Select one of the verses you read today and commit to memorize it. Put it on a 3x5 card and carry it with you for the week. Write that verse here:

For My Group

List 3 things you don't want to forget to share with your group this week:

1.

2.

3.





Week Eight > The Spirit is ours for Freedom



Come Holy Spirit

Take a moment to pause and become aware of the Holy Spirit's presence with you and in you. Speak out your prayers to him. Tell him why you love him. Invite him to lead you in truth and guide your life today.

Knowing the Spirit Who Brings Freedom

We are not as free as we'd like to be. We continue to live under the burden of insecurity, pride, fear, selfishness, self-pity, competition and comparison. We are shackled to shame and guilt. Our culture says that freedom is doing our own thing, answering to no one, ignoring pangs of guilt and looking out for number one. But, the good news of Jesus says that freedom looks like intimacy with God, acceptance, radical love and holiness.

We don't really like to talk about holiness. Just the word makes us feel guilty. We like to talk about grace, love and forgiveness, but the reality is that the life-changing grace, love and forgiveness of Christ *always* leads us to greater holiness. Freedom is found in holiness. Guilt and shame are diminished by holiness. God's will for our life is holiness.

Therefore, with minds that are alert and fully sober, set your hope on the grace to be brought to you when Jesus Christ is revealed at his coming. As obedient children, do not conform to the evil desires you had when you lived in ignorance. But just as Jesus who called you is holy, so be holy in all you do; for it is written: "Be holy, because I am holy."

1 Peter 1:13-16

The Spirit is called "holy," and one of his many works is to make us holy. The word "holy" carries with it the idea of being set apart. Christians are set apart for God. J.I. Packer says that holiness means *"being near God, like God, given to God and pleasing to God."* This week we look at the work of the Spirit to make us holy as we cooperate with him and the freedom found in this holiness.

Slow Down.

Pause to reflect upon 1 Peter 1:13-16 (above). Ask God to place a growing desire in your heart for holiness. Confess anything that keeps you from desiring to be holy. Worship Jesus for his holiness.

"Breath in me, O Holy Spirit, that my thoughts may all be holy. Act in me, O Holy Spirit, that my work, too, may be holy. Act in me, O Holy Spirit, that I love but what is holy. Strengthen me, O Holy Spirit, to defend all that is holy. Guard me, then, O Holy Spirit, that I always may be holy. "

Augustine

“Give up the struggle and the fight; relax in the omnipotence of the Lord Jesus; look up into His lovely face and as you behold Him, He will transform you into His likeness. You do the beholding - He does the transforming. There is no short-cut to holiness.”

Alan Redpath

“I've discovered I cannot fight the demons of busyness directly. I cannot continuously say "No" to this or "No" to that, unless there is something ten times more attractive to choose. Saying "No" to my lust, my greed, my needs, and the world's powers takes an enormous amount of energy. The only hope is to find something so obviously real and attractive that I can devote all my energies to saying "Yes." In effect, I don't have time to pay any attention to the distractions.”

Henri J. M. Nouwen

“A holy life will make the deepest impression. Lighthouses blow no horns, they just shine. “

Dwight L. Moody



Knowing the Spirit

Look up the following passages and record what they reveal about holiness, the Spirit and/or freedom. Sometimes the verses will refer to just one of these things. Note that the word “sanctification” is synonymous with “holiness.”

Scripture	Holiness, Holy Spirit and/or Freedom
1 Thessalonians 4:3-8	
1 Thessalonians 5:23-24	
Ephesians 1:3-4	
Romans 6:11-23	
Romans 8:1-8	
Romans 12:1-2	

Scripture	Holiness, Holy Spirit and/or Freedom
Galatians 5:1, 13-25	
Titus 3:3-8	
1 Peter 1:1-2	
2 Timothy 1:9-11	

Looking back over the verses above and the observations you made. What is the one thing you think God wanted you to hear from him today?



Growing in Holiness

To the left is a diagram by Dallas Willard. His premise is that to grow in faith (and, I believe, holiness) we need four things all working together. In the middle of the triangle is [1] the mind centered on Christ. Then there are the three sides of the triangle: [2] the action of the Holy Spirit working in us, upon us and through us; [3] spiritual disciplines which include Scripture reading, prayer, solitude, gratitude, service, etc.; and [4] the ordinary events of life that include suffering and temptation (remember that the Holy Spirit *led* Jesus into the wilderness to face temptation at the onset of his ministry). God uses all of these things to grow us in holiness.

Consider the four aspects of Willard's Golden Triangle. Which of these four things has God most recently used to grow you in holiness?

Have you resisted any of these opportunities for growth? Which ones? Why? What will it look like for you to stop resisting?

He is Holy, Holy, Holy

In the year that King Uzziah died, I saw the Lord, high and exalted, seated on a throne; and the train of his robe filled the temple. Above him were seraphim, each with six wings: With two wings they covered their faces, with two they covered their feet, and with two they were flying. And they were calling to one another: "Holy, holy, holy is the LORD Almighty; the whole earth is full of his glory."

Isaiah 6:1-3

*Great is the Lord in Zion; he is exalted over all the nations.
Let them praise your great and awesome name —he is holy.*

Psalm 99:2-4

"God's holiness is not simply the best we know infinitely bettered. We know nothing like the divine holiness. It stands apart, unique, unapproachable, incomprehensible and unattainable . . . Holy is the way God is. To be holy God does not conform to a standard. He is that standard."

A.W. Tozer, *The Knowledge of the Holy*.

"Without the holiness of God, sin has no meaning and grace has no point, for it is God's holiness that gives to the one its definition and to the other its greatness."

David F. Wells, *God in the Wasteland*



Summing it All Up

Take some time to look back through this study guide and reflect upon all that you have learned and experienced.

What is the one thing you want to remember from this session of Bible Study?

What most surprised you about the Holy Spirit?

What did you learn from the others in your group?

Still Summing it All Up

What do you most love about the Holy Spirit?

How do you feel you have changed over the eight weeks of this study?

What will you do differently as a result of this study?

For My Group

List 3 things you don't want to forget to share with your group this week:

1.

2.

3.



My Group



Prayer Requests





Going Deeper in Knowing the Spirit

We've got quite a break from November 1 to January 9, 2013 when we gather back together to consider "The Transforming Work of the Spirit: How People Change." So here are some resources that can help take your study of the Holy Spirit deeper during the break.

The Bible

You probably feel like you've read every verse in the Bible on the Holy Spirit. But, alas, there are almost 360. If you're a Bible geek, go to www.biblegateway.com and search for the word "spirit." You'll have to weed out the use of the word "spirit" that does not refer to the Holy Spirit, but it will be worth your time to see how the Holy Spirit is everywhere in the Bible!

Books*

Forgotten God: Reversing Our Tragic Neglect of the Holy Spirit, by Francis Chan [An easy and good read on knowing the Spirit.]

The Helper, by Catherine Marshall

[Devotional and simple. Each chapter ends with a summary, a Scripture to read and a prayer.]

Knowing the Holy Spirit through the Old Testament, by Christopher J.H. Wright [Fairly academic, but short. A wonderful overview of the Spirit in the Old Testament.]

Keep in Step with the Spirit: Finding Fullness in Our Walk with God, by J.I. Packer [Packer is always a must read!]

The Person and Work of The Holy Spirit, by R. A. Torrey

[Not an easy read, but a beautiful read. Written in the 1800s. Free on Kindle.]

Surprised by the Power of the Spirit, by Jack Deere

[Deere's story of going from being a cessationist to embracing all of the gifts of the Spirit. You might agree with all or just part, but an interesting read nonetheless.]

Systematic Theology, by Wayne Grudem

[A book every Christian should have in their library. Academic but readable. Grudem's chapters on the Holy Spirit and the gifts of the Spirit are excellent.]

*Be aware: *just because we recommend a book doesn't mean that we agree with everything in it!*

Worship

Holy Spirit Come, Tommy Walker

Holy Spirit, Bryan & Katie Torwalt

Come and Fill this Place, Ryan Hall

Here for You, Matt Redman

Knowing the Spirit: Additional Passages from Week Two

Scripture	the Holy Spirit
<p>Judges 3:10 <i>The Spirit of the LORD came on him</i>, so that he became Israel’s judge and went to war. The LORD gave Cushan-Rishathaim king of Aram into the hands of Othniel, who overpowered him. (This expression “the Spirit of the LORD came upon him” is repeated 6 times in Judges. Sometimes adding the words “came powerfully” on him.)</p>	
<p>1 Samuel 10:5-7 “After that you (Saul) will go to Gibeah of God, where there is a Philistine outpost. As you approach the town, you will meet a procession of prophets coming down from the high place with lyres, timbrels, pipes and harps being played before them, and they will be prophesying. The Spirit of the Lord will come powerfully upon you, and you will prophesy with them; and you will be changed into a different person. Once these signs are fulfilled, do whatever your hand finds to do, for God is with you.”</p>	
<p>1 Samuel 16:13 So Samuel took the horn of oil and anointed him in the presence of his brothers, and from that day on the Spirit of the Lord came powerfully upon David. Samuel then went to Ramah.</p>	
<p>Isaiah 44:3 “For I will pour water on the thirsty land, and streams on the dry ground; I will pour out my Spirit on your offspring, and my blessing on your descendants.”</p>	
<p>Zechariah 4:6 So he said to me, “This is the word of the Lord to Zerubbabel: ‘Not by might nor by power, but by my Spirit,’ says the Lord Almighty.”</p>	
<p>Matthew 1:18 This is how the birth of Jesus the Messiah came about : His mother Mary was pledged to be married to Joseph, but before they came together, she was found to be pregnant through the Holy Spirit.</p>	
<p>Matthew 12:17-18 This was to fulfill what was spoken through the prophet Isaiah: “Here is my servant whom I have chosen, the one I love, in whom I delight; I will put my Spirit on him, and he will proclaim justice to the nations.”</p>	
<p>Matthew 28:19 ¹⁹ Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit,</p>	
<p>Mark 1:8-13 [John the Baptist says:] “I baptize you with water, but (Jesus) will baptize you with the Holy Spirit.” At that time Jesus came from Nazareth in Galilee and was baptized by John in the Jordan. Just as Jesus was coming up out of the water, he saw heaven being torn open and the Spirit descending on him like a dove. And a voice came from heaven: “You are my Son, whom I love; with you I am well pleased.” At once the Spirit sent him out into the wilderness, and he was in the wilderness forty days, being tempted by Satan. He was with the wild animals, and angels attended him.</p>	
<p>Luke 2:25-26 Now there was a man in Jerusalem called Simeon, who was righteous and devout. He was waiting for the consolation of Israel, and the Holy Spirit was on him. It had been revealed to him by the Holy Spirit that he would not die before he had seen the Lord’s Messiah.</p>	

Scripture	the Holy Spirit
<p>Luke 4:1-2 Jesus, full of the Holy Spirit, left the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil.</p>	
<p>John 3:5-6 Jesus answered, "Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit. Flesh gives birth to flesh, but the Spirit gives birth to spirit."</p>	
<p>John 3:34-35 For the one whom God has sent speaks the words of God, for God gives the Spirit without limit. The Father loves the Son and has placed everything in his hands.</p>	
<p>John 7:38-39 [Jesus said:] "Whoever believes in me, as Scripture has said, rivers of living water will flow from within them." By this he meant the Spirit, whom those who believed in him were later to receive. Up to that time the Spirit had not been given, since Jesus had not yet been glorified.</p>	
<p>John 15:26-27 ²⁶ [Jesus said:] "When the Advocate comes, whom I will send to you from the Father —the Spirit of truth who goes out from the Father—he will testify about me. ²⁷ And you also must testify, for you have been with me from the beginning."</p>	
<p>Acts 2:1-4, 36-38 When the day of Pentecost came, they were all together in one place. Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. They saw what seemed to be tongues of fire that separated and came to rest on each of them. All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them. "Therefore let all Israel be assured of this: God has made this Jesus, whom you crucified, both Lord and Messiah." When the people heard this, they were cut to the heart and said to Peter and the other apostles, "Brothers, what shall we do?" Peter replied, "Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit.</p>	
<p>Acts 2:16-18 . . . this is what was spoken by the prophet Joel: "In the last days, God says, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your young men will see visions, your old men will dream dreams. Even on my servants, both men and women, I will pour out my Spirit in those days, and they will prophesy."</p>	
<p>Acts 9:31 Then the church throughout Judea, Galilee and Samaria enjoyed a time of peace and was strengthened. Living in the fear of the Lord and encouraged by the Holy Spirit, it increased in numbers.</p>	
<p>Acts 15:27-29 Therefore we are sending Judas and Silas to confirm by word of mouth what we are writing. It seemed good to the Holy Spirit and to us not to burden you with anything beyond the following requirements: You are to abstain from food sacrificed to idols, from blood, from the meat of strangled animals and from sexual immorality. You will do well to avoid these things.</p>	

Scripture	the Holy Spirit
<p>Acts 20:22-24 [Paul said:] “And now, compelled by the Spirit, I am going to Jerusalem, not knowing what will happen to me there. I only know that in every city the Holy Spirit warns me that prison and hardships are facing me. However, I consider my life worth nothing to me; my only aim is to finish the race and complete the task the Lord Jesus has given me —the task of testifying to the good news of God’s grace.”</p>	
<p>Acts 20:28 [Paul said:] “Keep watch over yourselves and all the flock of which the Holy Spirit has made you overseers. Be shepherds of the church of God, which he bought with his own blood.”</p>	
<p>Romans 5:5 And hope does not put us to shame, because God’s love has been poured out into our hearts through the Holy Spirit, who has been given to us.</p>	
<p>Romans 8:14-15 For those who are led by the Spirit of God are the children of God. The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, “Abba, Father.”</p>	
<p>Romans 8:22-27 We know that the whole creation has been groaning as in the pains of childbirth right up to the present time. Not only so, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for our adoption to sonship, the redemption of our bodies. For in this hope we were saved. But hope that is seen is no hope at all. Who hopes for what they already have? But if we hope for what we do not yet have, we wait for it patiently. In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God’s people in accordance with the will of God.</p>	
<p>Romans 14:17 For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit . . .</p>	
<p>2 Corinthians 1:21-22 Now it is God who makes both us and you stand firm in Christ. He anointed us, set his seal of ownership on us, and put his Spirit in our hearts as a deposit, guaranteeing what is to come.</p>	
<p>2 Corinthians 3:16-18 But whenever anyone turns to the Lord, the veil is taken away. Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And we all, who with unveiled faces contemplate the Lord’s glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit.</p>	
<p>Galatians 3:13-14 Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: “Cursed is everyone who is hung on a pole.” He redeemed us in order that the blessing given to Abraham might come to the Gentiles through Christ Jesus, so that by faith we might receive the promise of the Spirit.</p>	

Scripture	the Holy Spirit
<p>Ephesians 4:30-31 ³⁰ And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. ³¹ Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice.</p>	
<p>Ephesians 6:17-18 Take the helmet of salvation and the sword of the Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.</p>	
<p>Colossians 1:9b-10 We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God,</p>	
<p>1 Thessalonians 4:7-8 For God did not call us to be impure, but to live a holy life. Therefore, anyone who rejects this instruction does not reject a human being but God, the very God who gives you his Holy Spirit.</p>	
<p>Hebrews 2:3b-4 This salvation, which was first announced by the Lord, was confirmed to us by those who heard him. God also testified to it by signs, wonders and various miracles, and by gifts of the Holy Spirit distributed according to his will.</p>	
<p>2 Peter 1:20-21 Above all, you must understand that no prophecy of Scripture came about by the prophet's own interpretation of things. For prophecy never had its origin in the human will, but prophets, though human, spoke from God as they were carried along by the Holy Spirit.</p>	
<p>1 John 4:13 ¹³ This is how we know that we live in him and he in us: He has given us of his Spirit.</p>	
<p>Revelation 22:16-18 I, Jesus, have sent my angel to give you this testimony for the churches. I am the Root and the Offspring of David, and the bright Morning Star." The Spirit and the bride say, "Come!" And let the one who hears say, "Come!" Let the one who is thirsty come; and let the one who wishes take the free gift of the water of life.</p>	